Since September 11, life for most people has changed, especially those living in America. Instead of the comfortable feeling of security, fear has entered into the consciousness of many. Fear and the unexplainable question of, “How can this happen?” The traditional diet of Americans is steak (cow) and potatoes. In this issue read about the connection between slaughtering animals and war.

The barn roof at Vrajapura Farm has been completed to provide shelter for the cows this winter. This is all due to the contributions of ISCOWP members who are knowledgeable about the value of cow protection. Thank you so much!

Cow Protection is not just a sentiment. To provide cow protection efficiently and properly involves knowledge and training. Each newsletter issue provides information to broaden the reader’s knowledge of cow protection.

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“He That Killeth An Ox Is As If He Slew a Man” - *Isiah 66.3*
ISCOWP PROFILE

ISCOWP was incorporated in the state of Pennsylvania, U.S.A., March 1990, as a non-profit educational organization. William and Irene Dove (Balabhadra das and Chayadevi dasi) are its managing directors. They are disciples of His Divine Grace A.C. Bhaktivedanta Swami Prabhupada, the Founder Acharya of the International Society for Krsna Consciousness (ISKCON). Through their spiritual master's teachings, they have imbibed the practices and benefits, both spiritual and material, of lifetime cow protection.

ISCOWP's primary concern is to present alternatives to agricultural practices that support and depend upon the meat industry and industrialized, petroleum powered machinery. To this end, ISCOWP trains oxen (male cows or steers) to replace farm machinery and thereby show an alternative to their slaughter. The tenets of cow protection and ox-power are universal and nonsectarian, available to all regardless of race, creed, or nationality.

ISCOWP ACTIVITIES

Ox-power, An Alternative Energy
At ISCOWP's headquarters, Vrajapura Farm, fields for all crops are prepared by ox-power. In the winter, logging by oxen provides wood for heating. Due to the oxen's ability to haul loads, petroleum powered machinery is being replaced for farm chores and plans are developing for ox powered machinery to provide electrical power.

Ox-power Seminars
Seminars are given in living classroom settings involving hands-on instruction at locations such as Russia, North Carolina, Pennsylvania, and West Virginia, U.S.A. If you wish to partake in such a seminar or wish to have one in your area, contact ISCOWP for seminar schedules.

Training Teamsters and Oxen
Teamsters and oxen are trained worldwide. Prospective students are encouraged to contact ISCOWP for either individual instruction or seminar schedules. At Vrajapura Farm there are 6 trained ox teams available for the training of students.

ISCOWP CONTACTS

To Give a Donation
All donations to ISCOWP within the USA are tax deductible. The tax number is 23-2604082.

ISCOWP Mailing Address
ISCOWP
RD 1 NBU #28
Moundsville, WV, USA, 26041

ISCOWP Phone
Phone: 1-304-843-1658

ISCOWP E-Mail/Web/Conference
ISCOWP@earthlink.net
ISCOWP@pamho.net
http://www.iscowp.com
cow@pamho.net (cow conference)

ISCOWP 3x yr Newsletter
Within the USA: Send $21 check to snail mail address Outside USA: Send $25 bank draft or money order to snail mail address

ISCOWP T-shirts, videos, information
Please inquire at above addresses.

ISCOWP News
Details in non-editorial articles do not necessarily represent the viewpoint of the editors.
Letters

RESOURCES
From: "Noma T. Petroff"
<npetroff@bowdoin.edu>
To: "billy bob buckwheat"
<d_4h@hotmail.com>; <IMCPA@pamho.net>; "iscowp"
<iscowp@earthlink.net>
Subject: Online Veterinary help - Cornell Univ. Ag school
Date: Friday, October 27, 2000 4:51 PM

I had the amazing experience yesterday of walking past a plaque listing American Civil War soldiers on my way to lunch and meeting a man who asked for directions. who turned out to be Pete white, (Maurice E. White), who teaches veterinary science at Cornell University, which is considered to have one of the best Agriculture Schools in the country. (Kamala dasi, who took care of cows on many ISKCON farms went to school there.)

Anyway, he told me about an online veterinary diagnostic site which he had set up. It is highly technical, but it may be able to give devotees practical information on what is the problem with their cow or bull. Please check it out.

http://www.vet.cornell.edu/consultant/consult.asp

You may also be interested in some of the other links from the veterinary school:

http://www.vet.cornell.edu/main/

Pete White was also interested in the Amish and quite interested to hear about old cows and oxen on Hare Krsna farms. So it was quite an exchange of information.

Hare Krsna dasi

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Ox Mower
From: "Iscowp"
<iscowp@earthlink.net>
To: "Syamasundara (das) (Bhaktivedanta Manor - UK)"
<Syamasundara@pamho.net>; "cow"
<cow@pamho.net>

Subject: Re: Ox mower
Date: Tuesday, June 20, 2000 11:13 PM

> Dear Balabhadra Prabhu,
I was very interested to see and hear about the ox speed grass mower. Do they still make them. Do you have any e mail addresses of anybody who has some for sale, especially if they don't mind exporting them.

> ys syamasundara dasa

Dear Syamasundara Prabhu,
As far as I know they are not made anymore. There is a father and son about 1 hour from Gita-nagari who reconditions them for a living. I don't know if they would export to England. I'll call them and find out. The mower in question is a McCormick-Deering # 9 High Gear. The last I checked (several years ago) they were asking $650 US for a completely reconditioned mower with metal or rubber tires (your choice).

Have you tried to research mower makers in your part of the world. There is a book titled "Tools for Agriculture" put out by Intermediate Technology publications. They are the publishing arm of International Technology Development Group which is based at 103/105 Southampton Row, London WC1B 4HH, UK ISBN# 1 85339 100 X

When I was in Belarus the devotees had a mower that was made in Poland. Maybe you can contact the farm in Poland to see if they have contacts.

You may also want to place a letter of inquiry in Small Farmer's Journal for contacts in your part of the world. The magazine is a wealth of information and well worth the subscription. Their address is:
Small Farmer's Journal
P.O. Box 1627
Sisters, Oregon 97759 USA
e-mail address:

agrarian@smallfarmersjournal.com

The mower's address is:
B.W. Macknair & Son
3055 U.S. HWY 522 North
Lewistown, PA 17044 USA
717-543-5136
Balabhadra das

---

Sulky Plow
From: Syamasundara (das)
(Bhaktivedanta Manor - UK)
<Syamasundara@pamho.net>
To: <ISCOWP@pamho.net>
Subject: Sulky Plough
Date: Monday, October 22, 2001 1:20 AM

Do you know where I can buy a new Sulky plough in the USA, if in fact they still make them. I have not had much luck surfing the net.

ys syam

From: "iscowp"
<iscowp@earthlink.net>
To: <Syamasundara@pamho.net>
Subject: sulky plow
Date: Wednesday, November 14, 2001 12:46 PM

For Used Plows and Parts
Balster's Implements & Parts Co.
118 Third Street
Scotch Grove IA 52331
(319) 465-4141

B.W. Macknair and Son
3055 US Highway 522 North
Lewistown, PA 17044
(717) 543-5136

NEW PLOWS
Pioneer Equipment Inc.
16875 Jericho RD
Dalton OH 44618
(330) 287-0386 Voice mail
(330) 698-3200 Fax

White Horse Machine
5566 Old Philadelphia Parkway
Gap PA 17527
(717) 768-8313
Yokes - Publications/Plans

From: Noma T. Petroff
<npetroff@bowdoin.edu>
To: iscowp <iscowp@earthlink.net>
Subject: Tillers' Catalog - Yokes and Yoke Making
Date: Wednesday, December 20, 2000 12:10 PM

I think this information should be of interest to ox power farmers. It would be good if you could order several items listed here and examine them.

Hare Krsna dasi

http://www.wmich.edu/tillers/catalog/yoke.html

Neck Yoke Design and Fit. 1992. -- by Richard Roosenberg
This paper gives more detail on how the humble neck yoke works than any source we know. It analyzes the importance of the draft (or drop of the hitch point below the neck seats) and describes the consequences of the draft on bow movement and beam seating on the neck. The depth of draft has varying consequences depending on the nature of the load. Understanding this helps readers appreciate different yoke styles and their best uses. Yoke dimensions common to American neck yokes are described relative to the bow widths. This paper includes concepts essential for improving yokes along with a bibliography of traditional yoke knowledge.

TechGuide - 12 pages, Item # 2gnyk, Price $ 3.00

Building an Ox Yoke -- by David Kramer, 1998
This is a thorough how-to guide to making an ox yoke. You will find instructions on selecting and curing wood, shaping the beam of the yoke, making the bows, forging the hardware and assembling the final product. This TechGuide offers good background information for using the plans and templates.

TechGuide - 19 pages, Item # 2gykb, Price $ 4.00

Yoke Maker's Plan and Template Package
For those who want to make a series of yokes for growing teams, we suggest a special package of 2 TechGuides (Neck Yoke Design and Fit and Building an Ox Yoke), a 4" full sized plan, and a series of templates for beams with bow widths from 4 to 11 inches. For the package we can discount these aids that would cost $36.50 separately.

Drawings - Sizes for 4-11", Item # 2yktm, Price $ 29.00

Yoke Plans, Traditional American -- by Richard Roosenberg
These actual sized plans can aid you in making your own yokes. They include front and top views and along with several cross sections. They also show bow shapes for oval bows as well as half round bows should your animals need ovals. The development of these plans is described in the Neck Yoke Design & Fit TechGuide (item #2gnyk). Their relative dimensions are based on bow widths and can be extrapolated to larger layouts without buying a complete set of plans. Indeed, we have discontinued sizes larger than 8" due to high costs of reproducing copies over 48 inches long.

Drawings - See "Plans Price List" below, Item # 2yktp, Price $ 29.00

Yoke Templates, Traditional American -- by Richard Roosenberg
These actual-size templates of the front and top outlines guide the shaping of a good yoke. The larger sizes come in reversible half templates with reference marks to orient the flipside to a straight reference chalk line. These are an economical alternative to larger yoke plans.

Drawings - See "Plans Price List" below, Item # 2yktp, Price $ 36.50 separately.

A Gift from the Gods: Bottled Cow Urine
From: Taraka (das) ACBSP (Gita Nagar, PA - USA)
<Taraka.ACBSP@pamho.net>

HINDU nationalists in India have launched a marketing exercise to promote cow's urine as a health cure for ailments ranging from liver disease to obesity and even cancer.

The urine, which is being sold under the label "Gift of the Cow", is being enthusiastically promoted by the government of Gujarat, one of three states in India dominated by Hindu nationalists.

The urine is collected daily from almost 600 shelters for rescued and wounded cattle set up by the Vishwa Hindu Parisad (VHP), or World Council of Holy men, as part of a government cow-protection program to save the country's sacred, but often maltreated, beasts.

Advertised as being "sterilized and completely fresh" it is available for 20 rupees (30p) a bottle at about 50 centers run by the VHP in Gujarat, from 200 of their outlets in neighboring Madhya Pradesh, and at fairs and religious festivals throughout India.

It also comes in tablets or a cream mixed with other traditional medicinal herbs. Demand is currently outstripping supply.

To: <Cow@pamho.net>; cowz <cowz@jc-net.com>;
Subject: A gift from the gods: bottled cow's urine
Date: Friday, September 21, 2001 7:30 AM

Here's an interesting article that appeared on news.telegraph.co.uk.

The specific link is:

A gift from the gods: bottled cow's urine
By Julian West in New Delhi
(Filed: 02/09/2001)

A gift from the gods: bottled cow's urine
By Julian West in New Delhi
(Filed: 02/09/2001)
Dr Jadi Patel at the VHP’s headquar-
ters in Ahmedabad said: "It's very
popular because the results are very
good, but we've got a shortage." He
explained that the cow protection
centers had been formed after the last
grand gathering of sadhus, or holy
men, to save cows from "unofficial
slaughter by Muslims".

Killing cows is illegal in most Indian
states but there are an estimated
32,000 illegal abattoirs and 13.7 mil-
lion cows are believed to be slaugh-
tered by Muslims for the leather industry. Animal
rights activists in India also claim that the doe-
eyed, hump-backed white Brahma cattle that are to be found on almost every Indian street are subjected to various abuses, including forced pregnan-
cies to produce more milk.

The cow protection com-
mission was set up to pro-
tect the holy cows, and research conducted by doctors involved in the project revealed that the cows' urine had medicinal properties.

The idea of using it came from the central Indian headquarters of the Rashtriya Swayamsevak Sangh (RSS), the powerful Hindu nationalist ideo-
logs behind the country's Bharata Janata Party (BJP), where five scient-
ists are researching its beneficial ef-
fects.

Like all devout Hindus, RSS mem-
ers believe that all cow products are sacred, ghee, or clarified butter, is used in Indian cooking and to light lamps during temple ceremonies, and milk is commonly poured over sacred idols as an offering.

The healing properties of cow dung and cow's urine are also mentioned in ancient Hindu texts. The research conducted by doctors at the cow-
protection commission indicates that the urine can cure anything from skin diseases, kidney and liver ailments to obesity and heart ailments.

Although most Indian doctors view the medicines as eccentric, several advoca-
cates of the treatment have come forward in Gujarat, to support the doctors' claims.

They include Vidhyaben Mehta, a 65-
year-old woman with a cancerous tu-
mor on her chest who has been taking cow's urine for the past three years. She says she is no longer in pain and has survived in spite of medical pre-
dictions that she would die two years ago.

So enthusiastic is the Gujarat government about its cows' urine medicines that it has asked the Indian Institute of Management to compile a database of traditional cures and verify the Hindu nationalists' findings.

The academics have also discovered that cow's urine is an extremely effec-
tive pesticide and plant fertilizer and are now developing for human con-
sumption new drugs that contain the "gift of the cow".

Prof Anil Gupta at the institute said: "This isn't just a religious thing. If it's useful we shouldn't stop it simply because we think it has religious connections." © Copyright of Telegraph Group Limited 2001.

ANECDO T E of ARGENTINE RURAL LIFE DURING ECO-
NOMIC COLLAPSE
From: markjon chatburn

<protection_farms@yahoo.com>
To: <Cow@pamho.net>
Subject: Anecdote of Ar-
gentine rural life during
 economic collapse
Date: Friday, September 21, 2001 8:59 AM

I thought I'd like to share with you all an anecdote of rural life in Tucuman, Argentina during what can only be called an economic collapse. This could well be relevant to many 1st world devotees as Argentina itself was the 6th richest country in the world only 80 years ago. Such economic misery that the Great De-
pression brought about may not be too far away. As devotees know on this conference, I am not a scare monger for "end of the world, run to the hills", but when facts are facts one must respond. Whilst many of the details may seem to be "the worst of karmis", much can be learnt from there life.

In the center of Argentina is found a small state called Tucuman. This, and the surrounding states, have temperatures of up to 50 C (110 F) in the summer, and in the winter it will rise to between 20-30 C (70-90 F) in the day and 0-10 C (30-50 F). Whilst the land is arid bush, there is ample rain in the summer and a wide range

(Continued on page 10)
ISCOWP Update

Garden
We have taken much manure from the barn area and placed in the garden. This is a first year garden and we did not put any manure in it before we planted. Balabhaddra wanted we have taken much manure from the barn area and placed in the garden. This is a first year garden and we did not put any manure in it before we planted. Balabhaddra wanted to see how it would do without it and where the weak soil areas might be.

Additional Teamsters
Gauranga Prema das is here from South Africa to learn the principles of Vaisnava farming. Balabhaddra is teaching him how to utilize the oxen to collect firewood for the winter fires. The additional 28 acres that we acquired this year has proven to be good training grounds for logging with oxen. Logging by oxen requires ability and once it is mastered, a good foundation for other activities with the oxen is acquired.

Gauranga Prema exchanges his training for labor on the farm. Another brahmacari, Bhakta Eli, comes with him 3 days a week to do the same. This arrangement is proving helpful in completing many farm chores.

Barn Roof
We are very pleased with how the barn is developing. As you know, last year we collected money to cement the barnyard since the cows were in deep mud. In the process of cementing, poles were installed in the cement with the hope they would support a roof the following year if we could collect enough money. This year we collected for the roof and were able to put a 27 gauge green tin roof up and connect it to the old barn roof. The cement floor in the old barn connects to the new barn floor. Now the cows have full covered access to both barns. Under roof, 185 feet long by 60 feet wide is now the size of the combined barns. The cows have access to a thirty foot width for eating and lounging, and the other 30 feet is for storing hay and equipment.

Frank Guzeck, a local resident, has been the carpenter working on the barn and it was his idea to connect the roofs. He has done a very creative and innovative job on the outside as well as the inside of the barn.

Top: Mike securing nailers for the new tin roof on the barn.
Bottom: Frank, Butchy, and Mike screwing new green tin roof on the new barn. Great crew.

Next year we want to plant berry bushes to make jams, more lavender for sachets and other products, and more herbs for medicinal products. Also more eggplant, potatoes, and sweet potatoes since these crops grew well and their taste was so superb.

In preparation for next years garden to see how it would do without it and where the weak soil areas might be.

Frank Guzeck, a local resident, has been the carpenter working on the barn and it was his idea to connect the roofs. He has done a very creative and innovative job on the outside as well as the inside of the barn.
The land is mostly hilly here, so when constructing it is more of a challenge than when the ground is flat. The barn has the character of an old barn but with all new materials.

When we first bought the property and we lived a few miles away, we took part of the old barn roof that had fallen due to a storm and built a shed for our young oxen where we were living at the time. We had to take that shed down and now the same materials have been put back in place to once again complete the original old barn roof. Frank also straightened the poles on the old barn to give a more symmetrical look.

On the whole the farm is shaping up and looking more presentable. We hope by next winter we will have the old barn painted, our house fully painted, the other two residences painted, a cow path installed to the barn, the new barn completed, and an equipment shed for all the ox drawn machines that are rusting in the weather. Once this initial "set up" stage is over we hope to get more into training, using the farm as a center for preaching, and developing income from farm based products.

We are eternally grateful to all our members who have donated to the construction of this barn with the purpose of giving comfort to the cows. In our financial report we will give thanks and recognition to all donors.
**Gita-nagari Ox Power Unit**

A manual by Paramananda das & Vaisnava das

Now available through the courtesy of Hare Krsna dasi

This unit was built in 1985 as a project of Gita-nagari’s Adopt-A-Cow program, to demonstrate the value of working oxen using improved alternative technology. For about five or six years, the oxen provided all the heating requirements for 60 residents of the farm. Residents selectively cut trees on the hillsides, and oxen pulled them down to the ox power unit, where they were sawed to the wood-stove specifications for the temple and various homes. The oxen then delivered the cord wood to each location around the community. In the early 1990’s the use of the unit was abandoned as Gita-nagari shifted its focus away from self-sufficiency. But the unit, well-sheltered, can still be inspected at Gita-nagari where the community welcomes interested visitors.

If you would like to have this manual please contact us (see page 2). The manual is well illustrated by Sarva Siddhi Ratha das. Excerpts from the manual’s introduction follow to give you an idea of its content.

“In this article we will describe how we built an ox-driven, sweep-powered generator. The concepts behind the design and operation of this unit are not new or complicated. Throughout history all over the world, man has used the same principles to produce power from draft animals. Traditionally, the mechanisms used to produce power have been made of wood, but we have constructed our generator from metal components, with the objective of maximizing the strength and efficiency of the unit. Five oxen pull the tongues which a circular motion. Then, the motion is geared up, and the direction of the rotation is changed so that we end up with a shaft spinning at 765 rpm that will provide 60 horse-power. By using various types of pulleys off the final shaft, any range of speed can be achieved to drive any type of equipment desired.

To construct a machine similar to ours, you must have access to certain raw materials and the facility to convert them for usage. The sizes and strength of the components used in this unit have been carefully engineered and coordinated, so that any reduction of the given specifications will undoubtedly result in failure. In our case, many of the parts we used were not new, but we made it a point to be sure that used components were of good quality. Precision is essential. At one point, we ran into a lot of trouble with a used 2 3/16” shaft that was 4’ long, but 1/10000” out of round.

Much of the work involved can be done with basic metal working tools, but there is also a lot of work that must be done by skilled machinist. We did most of the work ourselves with an oxy-acetylene torch, electric arc-welder, drill press, and similar tools. In addition you must have access to a metal lathe. We were lucky to have a neighbor

(Continued on page 15)
The Golden Rule, “Do unto others as you would have others do unto you,” is one of the unifying principles in the world’s major religious traditions. In Judaism, it is taught, “What is hateful to you, do not to your fellowmen.” (Talmud, Shabbat 31a) Christianity teaches, “Whatever ye would that men should do to you, do you even so to them.” (Matthew 7:12) The followers of Islam declare, “No one of you is a believer until he desires for his brother that which he desires for himself.” (Sunnah, Hadith) In Confucianism it is said, “Surely it is the maxim of loving kindness: Do not unto others that which you would not have them do unto you.” (Analects 15.23) Buddhism also teaches, “Hurt not others in ways that you yourself would find hurtful.” (Udana-Varga 5.18) And finally, in the world’s earliest religious scriptures, the Vedic literature, we find, “This is the sum of duty: Do naught unto others which would cause you pain if done unto you.” (Mahabharata 5.1517)

The world of science echoes the world’s religions with its own equivalent of the Golden Rule. Newton’s Third Law of Motion says that “For every action, there is an equal and opposite reaction.” While Newton’s law applies only to material nature, the implications run deeper still, extending to the most subtle levels of existence. In the East, this is called the law of karma.

In a very fundamental sense, too, this law relates to our treatment of animals. The violence in society is at least in part the result of our merciless diet and abuse of the natural world around us. In karmic terms, violence begets violence. In dietary terms, you are what you eat.

Food for the Spirit, Steven Rosen

Prabhupada: [...] But in the western country the cows are specially being killed. Now the reaction is war, crime, and they are now repentant. And they will have to repent more and more. Jayatirtha: So the wars and the crime are a direct result of the cow slaughter. Prabhupada: Oh, yes. Oh, yes. It is a wholesale reaction. All these crises are taking place.[...]

"Until we have the courage to recognize cruelty for what it is--whether its victim is human or animal--we cannot expect things to be much better in this world... We cannot have peace among men whose hearts delight in killing any living creature. By every act that glorifies or even tolerates such moronic delight in killing we set back the progress of humanity."

--Rachel Carson

We are the living graves of murdered beasts, slaughtered to satisfy our appetites. How can we hope in this world to attain the peace we say we are so anxious for?

--George Bernard Shaw (Living Graves, published 1951)

As long as men massacre animals,

(Continued on page 11)
LETTERS

of crops can be grown all year round. It lies at the end of the great Argentine pampas, over 3000 km of flat land, going from humid to arid zones. Then the foothills and mountains of the Andes cordilleras spring up.

In the rural outback live people very simply, devout, superstitious, traditional and simple. Whilst there a man came from Tucuman city to sell cleaning solutions. His face was pure anxiety. In contrast to the faces of the locals there was no comparison. The locals, due to bad education, had poor teeth, poor health and looked rough and ready, but they had a simplicity of contentment that knew no bounds. The city man had nothing but tales of economic hardship, no jobs, no money, how it was impossible to pay the bills and to raise his children - to eat, to have shelter for married life whilst protecting ones interests.

Very few people go hungry in Argentina, why should they it is a country a little smaller than the US with less than 40 million people, where as the US has almost 300 million. The land is rich and fertile, cows are everywhere and nourish the bodies of the locals (we may disagree, but that is how it is). For people looking to emigrate from the US, EU and other danger spots, Latin America is a very good bet, mostly if you are in rural areas. The air system in the northern hemisphere mix little with that from the south, so any nuclear or biological warfare would leave the south more in safety. As with Australia, the population density is very low, but there is a wider distribution in Argentina than many places - it used to be developed, and has always profited from developed-world wars.

The moral of the story here is that the rural people were entirely immune from the economic chaos engulfing the country. They owned on average 10 hectares of land, most of it bush, they went about the land on "sirkos", one horse carriages, or on bareback on horses. They were connected to electricity and television and mobile phones, but were quite aware that they could do with out them, they did before, they could again. It was not too long ago. Heating was from a wood stove and social life was round a campfire with a guitar, dancing and home made brews. Food was animal (cow, chicken or pig) with home grown corn inter-cropped with pumpkins. Pest control was via "cura palabra", known to us as witchcraft - taking the insect and hexing it, which would then remove all the insects from the area. So with just the above ingredients there food needs were met. Water was from a well that each household had.

This may all seem very familiar to many in the US or in other former colonies. That is why it is relevant to us, more so than India, because at the end of the day no matter how much we absorb other cultures we still harbor the simple things that we grew up with. And at the end of the day, it may well be more difficult for "whities" to live in other cultures in Asia or Arabia, or Africa; just as the corollary may be true.

Another major factor is that people are used to working hard for little recompense, they know how to work the land, how to build simple shelter and contraptions to aid in farming. They may not have a diverse farming system suitable for the lacto-vegetarian diet, but many stepping stones are there to aid. Such may not be easily found now in more developed countries where farmers are subsidy-agrochemical-mechanization junkies and whilst rural life may be simple compared to LA or New York, it is extremely complex compared to 3rd world rural life.

Quite a few issues are raised here, and I hope you enjoyed the anecdote and the lessons that we can earn from it. I have others too, similar but different that I may share if wanted.

Mark

SIMPLE VILLAGE LIFE IN INDIA

From: Taraka (das) ACBSP (Gita Nagar, PA - USA)
<Taraka.ACBSP@pamho.net>
To: cowz <cowz@jc-net.com>; New Talavan <talavan@fnbop.com>; Taraka <talavan@fnbop.com>; Taraka.ACBSP@pamho.net
Subject: Comment:

> In the centennial year I traveled to a number of villages in a Gandhi project to the east of Puna in Maharashtra I saw much the same, these villages were having difficulty with nutrition and the wealthy people of the big cities was funding medical and improvements introduced into the villages. This improvements consisted of expanding the income base of each individual household. The initial activities where a change of milk source from goats to cows (the local cows were for draft only, Kilnar) the cows introduced were from a variety of breeds from neighboring areas but were an improvement in milk production. Each family was given a cow and a bull was introduced from one of the other breeds to improve the milk production of the local Kilnar breed, the headman was the person in charge of the bull.They were also introducing mulberry trees and silk worms and various other cottage type industries to broaden the income base of the village.

> ys, Rohita dasa

I'd like to share some of my experiences for what ever it may be worth. I was travelling in areas quite far from any cities. These people were really quite isolated. None had ever seen a westerner. I only saw obvious instances of nutritional problems and diseases in villages closer to the cities where various influences had compelled the villagers to deviate from
WHY SEPTEMBER 11?
they will kill each other. Indeed, he who sows the seeds of murder and pain cannot reap joy and love.”
Pythagoras (6th century BC)

We don't want to stop trade or the production of grains and vegetables and fruit. But we want to stop these killing houses. It is very, very sinful. That is why all over the world they have so many wars. Every ten or fifteen years there is a big war -- a wholesale slaughterhouse for humankind. But these rascals -- they do not see it, that by the law of karma, every action must have its reaction.

You are killing innocent cows and other animals -- nature will take revenge. Just wait. As soon as the time is right, nature will gather all these rascals and slaughter them. Finished. They’ll fight amongst themselves -- Protestants and Catholics, Russia and America, this one and that one. It is going on. Why? That is nature's law. Tit for tat. "You have killed. Now you kill yourselves."

They are sending animals to the slaughterhouse, and now they’ll create their own slaughterhouse. [Imitating gunfire:] Tung! Tung! Kill! Kill! You see? Just take Belfast, for example. The Roman Catholics are killing the Protestants, and the Protestants are killing the Catholics. This is nature's law.

According to Manu, the great author of civic codes and religious principles, even the killer of an animal is to be considered a murderer because animal food is never meant for the civilized man, whose prime duty is to prepare himself for going back to Godhead.

He says that in the act of killing an animal, there is a regular conspiracy by the party of sinners, and all of them are liable to be punished as murderers exactly like a party of conspirators who kill a human being combinedly. He who gives permission, he who kills the animal, he who sells the slaughtered animal, he who cooks the animal, he who administers distribution of the food-stuff, and at last he who eats such cooked animal food are all murderers, and all of them are liable to be punished by the laws of nature. Srimad Bhagavatam 1.7.37

To kill cows means to end human civilization.
Srimad Bhagavatam 1.4.9

The cow’s calf not only is beautiful to look at, but also gives satisfaction to the cow, and so she delivers as much milk as possible. But in the Kali-yuga, the calves are separated from the cows as early as possible for purposes which may not be mentioned in these pages of Srimad Bhagavatam. The cow stands with tears in her eyes, the sudra milkman draws milk from the cow artificially, and when there is no milk the cow is sent to be slaughtered. These greatly sinful acts are responsible for all the troubles in present society.
Srimad Bhagavatam 1.17.3

---Paul and Linda McCartney
Panca-gavya, the five products received from the cow, namely milk, yogurt, ghee, cow dung and cow urine, are required in all ritualistic ceremonies performed according to the Vedic directions. Cow urine and cow dung are uncontaminated, and since even the urine and dung of a cow are important, we can just imagine how important this animal is for human civilization. Therefore the Supreme Personality of Godhead, Krsna, directly advocates go-raksya, the protection of cows. Civilized men who follow the system of varnas-rama, especially those of the vaisya class, who engage in agriculture and trade, must give protection to the cows. Unfortunately, because people in Kali-yuga are mandah, all bad, and sumanda-matayah, misled by false conceptions of life, they are killing cows in the thousands. Therefore they are unfortunate in spiritual consciousness, and nature disturbs them in so many ways, especially through incurable diseases like cancer and through frequent wars and among nations. As long as human society continues to allow cows to be regularly killed in slaughterhouses, there cannot be any question of peace and prosperity.

---Ref. VedaBase => Srimad Bhagavatam 8.8.11

---Ref. VedaBase => JSD 6.5: Slaughterhouse Civilization

As long as there are slaughterhouses, there will be battlefields."
-Leo Tolstoy,

If slaughterhouses had glass walls, everyone would be vegetarian. We feel better about ourselves and better about the animals, knowing we're not contributing to their pain.

---Ref. VedaBase => Srimad Bhagavatam 1.4.9
IMCA UPDATE

ISKCON Ministry for Cow Protection and Agriculture

We have submitted 3 proposals for the ISKCON Governing Body Commission concerning cow protection for their March 2002 meetings. One proposal concerns a budget for the Ministry. At present there is no budget to cover the Ministry’s services to ISKCON. The second one addresses last year’s problems with the management of two cow protection centers in India, Mayapur and Vrndavan. Vrndavan has made progress in implementing steps for a solution, but Mayapur has not. Therefore this proposal addresses the urgency of finding solutions.

One of the ways to support a cow protection program is to sell milk from the cows. If this becomes the prominent means then there is danger in falling into the commercial dairy pitfalls. The only way a commercial dairy makes a profit is to cull (kill) its unproductive animals. It is imperative that such programs find other prominent means of income. Cow urine and dung are also a means of income and can become the prominent ones. Please read the following correspondence.

From: Nirguna To: ISCOWP
(Balabhadra Dasa & Chaya Dasi - USA)
Subject: News from Lavanga. Date: Tuesday, July 31, 2001 2:30 AM

Hari Bol Chayadevi Prabhu, All glorries to Srila Prabhupada, Following is the text of a letter from Lavanga Latika that I received yesterday: "A friend of ours who is a research scientist in Agriculture and an independent consultant in organic agriculture and who was at the Daund ISKCON farm for a few months advising them, was just visiting and he told me how he was at the Rajasthan Goseva Sangh working with them for 10 years. At first by selling their milk and raw cow dung they could barely make ends meet, but last year following his plan they earned 32 lakhs from cow urine medicines and selling composted gobar in bags. They have their own clinic for cow urine medicines. He can really teach a lot of valuable things for cow protection. He says of primary importance is cow urine, then gobar, lastly milk as a side product.

In Daund he said that they grew 13 acres of wheat only on cow urine spray and had a wonderful crop. Now somehow I have to get the figures of how many tons of wheat and times of spraying from Sanat Kumar who is in charge there. This is very important to know how to use cow urine. For growth just 5% in water is used and for pest repellent 10%. We are starting cow urine medicine here with our devotee farmer who is just getting over malaria with a temperature of 105. So there is a lot of hope for the future in cow urine and dung. Never mind the milk.

I got in touch with Sanat Kumar and they grew 6 tons of wheat with 10% urine sprayed weekly on the crop. Our friends name is Manohar Kahke, he is MSC but did not learn anything of value in college but by practical experience in organic farming.

The third proposal concerns the recognition of a committee to formulate Vaisnava Rural Development Guidelines. We have been working on these guidelines with the help of the COM Cow conference members. Realizing that we can not finish the formulation by the GBC proposal deadline for this year we are slating its completion for next year’s deadline.

Like the standards, these guidelines can be used by any group interested in developing a community based on Vaisnava understanding and cow based agriculture. Some interesting excerpts from this proposal:

PROPOSAL NAME: Rural Development Land Committee

PRESENTATION OF PROPOSAL:

Whereas: Most ISKCON farm communities are struggling to maintain their land, cows and devotee families,

Whereas: There is no Vaisnava Rural Development Guideline to guide not only the maintenance but further development of ISKCON farms,

Whereas: To reinvigorate ISKCON farm communities in accordance with the wishes of His Divine Grace A.C. Bhaktivedanta Swami Prabhupada, the ISKCON Ministry of Cow Protection and Agriculture and an international ISKCON Rural Land Development Committee are currently formulating a Vaisnava Rural Development Guideline,

Whereas: The guideline presents sustainable principles and practices of land use that encourage participation in lifetime-protected cow-based agriculture and provides tenure security for the participants,

PRESENTATION OF RESOLUTION:
Resolved, That the GBC body approves the ISKCON Rural Development Committee be established to formulate the Vaisnava Rural Development Guideline for ISKCON rural land management.

EXPLANATION:
Please give answers to the following questions:
2) Why this proposal is important for the success of ISKCON?

Cow protection is a foundation principle to the establishment of a potent spiritual ISKCON. Without viable ISKCON farming communities cow protection can not become established.
Realizations of a Teamster in Training
By Gauranga Prema das (in training at Vrajapura Farm)

Have you seen the movie called “City Slickers”? If you have then you’ll have a pretty good idea of what my first experiences were like here on the farm. Externally, I got my foot stepped on by a cow and nearly had a team of oxen trample right over me (thank God they’re well trained and stopped by voice command). While internally I realized that this service requires a whole lot of patience, intelligence and love.

I’m from South Africa and have been living in a Hare Krsna Temple for 5 years now. For those of you who don’t know what this monastic lifestyle involves, I did things like cooking, cleaning, teaching, organizing, and managing besides your daily religious practices. Of course there’s much more, but something I never got to look at is how I was “getting things done.” When I started working the oxen, I got to see my behavior more closely.

First lesson I learned was that a student would like to learn from someone that makes learning and working an enjoyable and exciting experience. No one likes to learn and work with someone who is grumpy and keeps yelling and hitting him or her. This reminded me of my accounting teacher I had in high school, old Mr. Hughes. He was infamous for giving students a hard time, yelling, and boring uninspiring lectures. But, guess what? I’m realizing that for most of my life I’d been dealing with people the same way that Mr. Hughes had. I’m seeing a whole side of me which I never had to deal with for so much of the day. Anger, all bottled up inside. For me I’m seeing that if something didn’t go my way, I’d have to “FORCE IT”, just like old Mr. Hughes. Just like if I’m lifting something that’s really heavy, my next attempt is usually out of anger, which could easily lead to injury. If something doesn’t go my way, maybe resists a little, the natural thing to do (at least in my case) is administer some pressure or force, not intelligence. The question one could ask is, “why is this door not opening?” or “why doesn’t it work?” And 9 out of 10 times there will be an answer.

While working with Agni and Shyam (ox team) I’m learning that when something doesn’t go “MY” way then it’s probably my fault. That is something that I’ve not considered before, however it is something the oxen are aware of. For instance, while hauling firewood from the forest there are so many obstacles. Sometimes the oxen see a ground hog hole in the ground which I haven’t seen, and they go left instead of my instructions to go right. There are so many ways one can achieve the desired result with patience and intelligence. I need to remind myself that Agni and Shyam have been doing this longer than I have. They are in the mode of goodness and I’m not. So instead of doing the instinctive action of applying Force, I’m learning to stop to re-evaluate the situation and use my God given intelligence. I know this is not new to many (Continued on page 15)
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LETTERS

the traditional system. For example, I sometimes saw villages in which goats or chickens were kept. These villagers looked terrible, physically. Mostly, I saw clean simple villages full of healthy, well-fed, bright-faced, smiling people who were clearly not under any kind of pressure and had no problem to break from their routine for a spiritual program at any time of the day.

These villages definitely depended on cows and oxen for everything. The homes and compound walls were all made of cow dung. All cooking was done with cow dung. All tilling was done with oxen. All transportation was done with oxen. Threshing of grains was done by oxen. Irrigation was done with oxen. Crops were all fertilized only with cow dung.

Fruit trees of all types grew all around the homes providing cool shade and abundant fruit. The yield of just one of these trees far exceeded the ability of even the largest family to consume, so lots of fruit went to market, and EVERY family had money, but not much need to spend. Every bit of available land was cultivated and covered with lush, green crops. Even steep slopes were covered with terraces and ingenious, earthen irrigation systems. Wells full of fresh water were everywhere unless there was a river, lake or pond nearby. It seems that almost anywhere you go, you can dig down 10 to 15 feet and hit water. Even in the most remote countryside, there were always wells situated at short intervals along all the roads. While traveling at ox-speed, we would encounter a village at a rate of two or three per day; roughly three or four hours apart.

When I arrived in a village, the villagers would all pour out of their homes and come running out of the fields to great us. They would make offerings of all kinds to us and our Gaura-Nitai deities. Everyone would chant with us and EVERY SINGLE family would buy a small book for one rupee. I used to go door to door with a basket in which there was a framed picture of Gopal Krsna. Every householder would fill my basket with all kinds of grains. If I came in the morning or evening, they would all supply fresh milk.(at those times I would bring a pot) In village market places, all the vendors would load me up with fresh produce of all kinds. The head of the village would always come out to receive us and make all kinds of arrangements for our comfort. Our oxen were all fed and watered sumptuously and their carts loaded with enough hay to feed them for several days. All the prominent men of the village would beg us to take meals at their home where we were also fed sumptuously. We always had so much produce donated that we would prepare feasts enough to feed the entire village and still have weeks worth of produce remaining. When we encountered temples, we would donate the excess produce to the deities there. In no case did we ever actually ask for anything. Most of the time I did not even have to use the basket. People just approached us with offerings. Our carts were loaded mostly with books. We also carried Gaura-Nitai and their paraphernalia., pots and utensils for cooking and straw mats for sitting and sleeping on and that's about it apart from the one set of clothing on our backs. It was great! Although we had practically nothing, we were never in need of anything at any time.

These people were not poor. They had all their necessities in abundance. They were well and cleanly dressed. They had plenty of food and were all well fed. They were not like the emaciated refugees we often see in the cities. They were healthy, happy and relaxed. I never saw anyone work up a sweat. No one was ever in a hurry. No one ever appeared to be in any kind of anxiety. In the morning they would enjoy a big and leisurely breakfast and and after casually cleaning up they would shuffle off to work a rice paddy or whatever. They would work around their homes and in their fields in the morning till the heat of the day set in and then by late morning work stopped till afternoon when it got cooler out. When the sun set, the entire village went to sleep, but they were up very early. There was always lots of time for their puja several times a day and never a reason to neglect it. As far as I could see, the men were generally not putting in more than six hours a day and these were very leisurely hours. The women were busy most of the day, but also at a very relaxed pace. Additionally, the field work did not go on all year around, but only during the growing season which came after the rains and lasted maybe three to five months. In some cases the season would be stretched by irrigation, but mostly irrigating was done only for growing rice. Even during the growing season, people are busy when it's time to plant and busy when it's time to harvest and do very little in the fields the rest of the time. They don't seem to have much a problem with weeds. Hardly any come up after the oxen have tilled. They don't use any obvious means of pest control. They plant enough to feed the bugs and other critters and still have enough for themselves.

These people's minds were not disturbed by unnecessary desires imposed on them by outside contact. They were very content in their simple village life and they were EXTRAORDINARILY God conscious. They were living in such a way that they were always aware of their complete dependence on God for everything and God supplied all their needs through the agency of the land and the cows. To protect the cows, the land and to satisfy God by their service was therefore the prime necessity.
A westerner might go stir crazy in such an environment. Some of us have become addicted to all kinds of incessant sensory stimuli. But many would find this setting peaceful, beautiful, and extremely pleasing. Even these villagers are not content simply to watch their rice grow. They have lots of festivals, celebrations and social gatherings and these are all done in a big, colorful way with lots of food, music, dance, etc. At these times, everyone is happy to share their opulence.

I thought these remembrances might be interesting for those who have no experience of this. I’m not necessarily trying to make a point here, but if I was, it would be that the simple life style Srila Prabhupada describes is not a theory, but a system which has been in practice for millennia and is still working nicely today for millions of people. Srila Prabhupada was not introducing something new and unproven. Of course, different parts of the world present challenges not found in India.

Taraka dasa

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REALIZATIONS OF A TEAMSTER IN TRAINING

(Continued from page 8)

GITA-NAGARI OX POWER UNIT

who does this work as a second job, so we avoided paying the inflated prices of a specialty metal-working machine shop. What follows is a section-by-section description of how the unit is constructed.”

“Thus, as the oxen are pulling on their individual small cables, the pull is transferred to the large cable, and it is immediately taken up by the others. We underestimated the importance of these eveners at first. However, after a few weeks of running our power unit, we noticed that the oxen had to walk a little to far forward to get a good pull. So we shortened the larger cable by about 18” around. Thus, each of the smaller cables got pulled by a little. The result was astounding: our oxen were able to pull much more easily and much harder with half the attention by the driver. After this, one driver was more than able to handle the whole unit single-handedly.”

Peace on Earth

For this HOLYday season of giving, give a gift to the service of the cows.

“Peace on Earth” can only be achieved when our animal brothers and sisters are lovingly cared for as well as our human brothers and sisters. If you wish to give to the cows, please use the enclosed envelope. Every gift will receive an ISCOWP gift in reciprocation.

Hare Krsna and thank you!
Saved From the Slaughterhouse