# The Year in Review ISCOVP News



International Society for Cow Protection, Inc.

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### ISCOWP Profile

The International Society for Cow Protection, Inc. (ISCOWP) was incorporated in the USA, March 1990, as a 501 (c) (3) non-profit, taxexempt organization. William and Irene Dove (Balabhadra das and Chayadevi dasi) are its managing directors. They are disciples of His Divine Grace A.C. Bhaktivedanta Swami Prabhupada, the Founder Acharya of the International Society for Krishna Consciousness (ISKCON). Through their spiritual master's teachings, they have imbibed the practices and benefits, both spiritual and material, of lifetime cow protection. Cow protection means enabling cows to live out their natural lives with love and affection. The tenets of cow protection are universal and nonsectarian, available to all regardless of race, creed, or nationality.

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### **Donations and Financial Reports**

USA tax deductible number: 23-2604082. A copy of each year's ISCOWP IRS Form 990-EZ is available at <u>www.guidestar.org</u> **To donate online:** <u>www.iscowp.org/donations.html</u>

#### To donate by mail:

Make out check to ISCOWP and send to IS-COWP mailing address

### E-newsletter Monthly

Send us an email with *subscribe* in the subject.

### Cow Products

www.iscowp.org/cowproducts.html

#### Adopt A Cow www.iscowp.org/adopt-a-cow.html

### Internet

iscowp@gmail.com www.iscowp.org www.youtube.com/user/ISCOWP108 www.facebook.com/ internationalsocietyforcowprotectioniscowp

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## Your Matched Gift Saves Cows!

Through December 31 your donation to ISCOWP will be doubled.



Chayadevi feeding Sri a treat. He is one of the cows that relishes his treats.

Dear Friends, Hare Krsna!

We thank you for all your help this year in supporting ISCOWP's cow protection activities. We hope that you will join us now in meeting an anonymous donor's matching gift challenge for \$20,000. Last year you and other ISCOWP members met this donor's \$20,000 matching gift challenge which inspired the donor to offer it again this year. Thank you!

This booklet "The Year in Review" gives you an idea of the activities that were supported this year by your gifts and the kind of activities that your gifts will support in the future. It is only because of your help that we have the privilege to serve the cows. You are with us in all our activities serving the cows.



Balaji feeding Lila her milk bottle.

These activities were highlighted by the rescue of eight calves from the auction barn in August. Although these calves arrived at ISCOWP in an unhealthy state, they are now healthy and are growing up very fast. They have been the inspiration to us to inform others about the injustices of the dairy and meat industries and the value of changing ones diet to help prevent these injustices. You can read more about the "babies" on page 10. In order to save and protect cows beyond the ISCOWP farm, outreach education is needed. People do come to the ISCOWP farm to find out about cow protection but our travels away from the farm reach individuals that we may otherwise never meet. Our Facebook and You Tube channel is another form of outreach which is reaching thousands of people.

And who does all the physical maintenance of the farm and all the office work necessary to keep the cows well cared for, the farm running smoothly, the social media outreach current, the newsletters written, the financial records updated, etc. etc.? Your gifts support the ISCOWP staff and any additional help that is needed to do all these wonderful services for the cows. This year we have had Fil and Sukhayanti come as interns to learn and help with ISCOWP's activities. They have been a big help both with farm and office activities. We also were able to hire additional help in the beginning of the year when the fence lines around the farm were completed along with farm maintenance after a long cold winter.

Please help us continue and increase these cow protection activities. Through December 31, your donations to ISCOWP will be doubled, dollar for dollar! As of the writing of this newsletter, almost \$14,000 has been gifted to ISCOWP. Each fully taxdeductible contribution will help ISCOWP activities. Donate at: www.iscowp.org/ donatecurrentproject.html Every dollar counts! Thank you!



Lila is giving a hug to a guest. All the rescued calves have a lot of love to give to guests.

## Cows and Their Friends



New Vrindavan Pujaris came for a tour of ISCOWP and met Padmaganda and the calves.

This year, as every other year, we had many guests come to visit the farm and its cows. Throughout the year, a variety of guests pass through the farm, some coming from the local area while others come from afar. We are always happy when scheduled guests come for a visit, as it is an opportunity for people to personally meet the cows, as well as an opportunity for the cows to get extra affection in the form of petting, massages and hugs. Those guests who arrived after August were especially lucky as they got to meet the newly rescued calves. While some people find the large size of the mature cows intimidating, the young calves are always adorable to observe and easy to approach. It is has been pleasing to us to see how open and friendly the calves have become after their arrival on the farm. Even though they were abused by humans, at our farm they have learned to trust humans and have developed a strong relationships with them. Therefore, after their initial acclimatization period, when new people come for a visit, they happily approach them for a pet and for some attention.

The cows really enjoyed their spring, summer and fall seasons this year while pasturing on the grounds of the ISCOWP farm. This spring, Anasuya and Indraneela,



Amrita and Sri summer grazing.

who were rescued from slaughter last fall, were allowed to venture out of their barn and into the green field of the small pasture by the old cow shelter for the first time. These two turned out to be quite the troublemakers as they kept escaping through the fence from their pasturing grounds into that of the bigger herd. Initially we wanted to wait a little while longer before letting them join the rest of the herd, but after they kept escaping and joining the herd we decided to just let them be and allow them to join all the other cows in their pasturing area.

Anasuya continues to play the role of the herd's "Houdini," even months after joining the rest of them as she always finds her way through to the other side of the fence. During the month that the cows spent on the north side of the farm, Anasuya would daily pass through the fence and into her previous smaller pasture where Asha and Vishaka were staying. She would normally spend around 20 minutes with them while



Hauri Sauri and Balabhadra petting Madhava on a warm spring day.



Fil coaxing Madhava with grain to walk up the hill to the hospital pasture.

drinking their water and eating their grass before finding her way through the fence once again to join the rest of the herd. It was always a joy watching her have fun performing her tricks.

This year, a few of the herd members had to spend some time in the "hospital ward." Indraneela and Sri were the first to be placed inside the barn. Indraneela developed a slight infection on one of his testicles and needed to be kept in the barn so we could apply iodine to keep it clean and repel the flies. At first he was not too happy to be separated from the rest of the herd, but he got over it as soon as Sri was also brought into the same barn. Sri developed an abscess on his foot and needed to be confined to the barn so we could give him penicillin shots, put iodine on his abscess and keep his foot clean and dry. After some time together, the two oxen developed a close relationship and it



Balaram on pasture after his foot healed.

was not unusual to find Indraneela following Sri around and to see the two of them resting side by side.

A few weeks after being confined to the barn, Sri and Indraneela were healed and allowed to join the rest of the herd. It was only a few weeks after that when Amrita, Balaram and Madhava began to suffer from similar hoof problems as Sri did. They received the same treatment as Sri. Amrita was the first to be put into the barn. She had developed quite a serious hoof abscess and needed to be confined to the barn for a month. At that time, the new calves had already arrived and therefore Amrita had to share her barn with the baby calves. Since we were afraid that due to her big size, Amrita might accidently hurt the small babies, we made sure to create a partition between Amrita's side of the barn and the babies' side to prevent them from getting near her. However, it was not long before the baby calves found a way into her part of the barn. After 3 weeks of being separated, we allowed the calves free entry into Amrita's area, while she was still not allowed to cross over to their side. It was truly sweet to see the loving exchanges they all developed with Amrita; she became a mother to them. After spending a month in the barn, Amrita was happy to join the herd on the pasturing grounds.

Madhava and Balaram, like Amrita, also experienced similar hoof problems. Since their problem was not as severe, they were allowed to stay outside of the barn, in the pasturing grounds, but were still confined to a smaller area. This was done to prevent them from walking too much on their hoofs and causing more harm to them. It was a real adventure bringing them up into the "hospital" pasturing area. The morning that we discovered that they were having hoof problems, they were far behind the rest of the herd at the lowest point of the farm. With grain buckets, we had to entice them into climbing the steep hill to where they would be kept for the duration of their healing. After some time and effort, we finally got them to the top of the hill where they remained for a few weeks. Now they, just as Amrita, are happy to be back with the rest of the herd.

So far, it has truly been an eventful year.



Anasuya and Indraneela greeting students from Professor Rosenthal's class in Hanover college.



The busy utility room where tomatoes are being cut for the dehydrators by Sukhayanti and Fil.

### A Cook's Dream

aving been a city girl for most of my life, the most natural thing for me to do when I was in need of groceries was to go to the supermarket. This summer I had quite a different and pleasant experience on the ISCOWP farm. My husband and I are spending this year training on the farm and were invited to cook our meals from what grew in the farm garden. It is quite amazing how much food one garden can produce. Every day, just before heading into the kitchen, I would put on my shoes and step out into the garden that is located just outside the main house and pick up different "groceries." Sometimes I would come back into the house with root vegetables, such as beets, potatoes and carrots. Other times



Balabhadra holding a typical chard leaf.

I would fill up a bowl with Brussel sprouts, tomatoes, green beans or lettuce. Occasionally, I would grab a bag and stuff it with Swiss chard or kale leaves. The most exciting part for me was when the peppers started turning red. Red peppers are one of my favorite vegetables and I love using them in my cooking. Another special moment was when the corn was ready for harvest. Those ears of corn were the best I have ever tasted; they were just so sweet and yummy. Another one of my favorite vegetables are tomatoes, so I felt especially blessed when I discovered the abundance of tomatoes that could be found on the ISCOWP farm. However, the thing that is most special about all these vegetables is that they are all fresh, organically grown, and non-GMO, no pesticides are used on them and the only fertilizer

used is cow dung. This natural way of growing one's own food doesn't only produce healthy vegetables but vegetables with a taste that is like nothing I have ever had before. No supermarket bought products, no matter how beautiful they might seem, can compare to what I picked with my own hands in the garden. All the vegetables I picked had such a strong and natural flavor to them that it was almost a shame to add any spices to the dishes cooked. We cooked most all of our daily meals with these vegetables. We also preserved them by canning, freezing and drying so they could be eaten in the winter months when the garden rests.

It is a truly unique pleasure to do our daily "shopping" in the ISCOWP garden.

Written by Sukhayanti devi dasi



Fil and Balaji harvesting watermelons. Bitter Melon is growing behind Balaji.

## Eight Baby Calves Rescued



Balabhadra resting with Padmaganda after feeding.

hen I first arrived at the IS-COWP farm for my one-year training, I was notified by my husband that Balabahdra prabhu was planning on going to an auction barn to rescue three calves. I was very excited about the idea; we were to set out only two weeks after my arrival and I couldn't wait to see the calves that we would rescue. After all, who doesn't like adorable baby calves? Little did I know what a difficult and unforgettable experience it would truly be. At around 11 am on Monday, August 11th, Lakshmi and I left in the direction of the auction barn. Balabhadra prabhu, Balaji and my husband were to leave a bit later with the pickup truck and the trailer and meet us there. While driving there, Lakshmi warned me that it would most probably be an emotionally difficult experience. I didn't know what to expect but I was getting myself prepared for the moment we would arrive there.

At first the auction barn didn't seem to be a traumatic place. It was located in the middle of a rural residential area and was surrounded by houses. Since we arrived early, they had not started yet auctioning the animals and not all the cattle that were to be sold that day had arrived.

When we entered the auction barn, it seemed innocent enough as at that moment they were selling vegetables. The auction hall was a small room designed like a small amphitheater, with a stage located at a level lower than that of the many declining chairs. The auctioning area was fenced in and behind the bars was a platform on which the announcer and his assistant sat. In front of them was the small area into which they would introduce the cattle for sale.

Lakshmi guided me to the area behind the auctioning room to see the cattle for sale.

This is the moment when I realized that this auctioning barn was not as innocent as it first seemed. While walking on a long wooden walkway, we could see below us many stalls with animals for sale. That day the auction was not very large and many of the stalls were empty. However, in those that were occupied we could see cows and bulls in pitiful conditions. Many of them were crammed into a small space mooing out of fear and discomfort. In other stalls, you could see a single bull imprisoned in a space big enough for him to stand but not to sit or move around.

Every now and then, we could see new shipments of cattle arriving: they would then be beaten out of the trucks and directed to their stalls by shouting men holding long sticks in their hands with which to give electric shocks to the cows. The cows and bulls were running away from



*Fil bottle-feeding Padmaganda. Bottle-feeding the calves occurs twice a day.* 

their aggressors in fear. Cows that once provided milk for humans were now led violently to their stalls, only to be sold a short while later to the meat industry.



After eating, the calves always love to be pet.

If all of this was not already hard enough to observe, then seeing the calves that were to be sold that day starting to arrive in big trucks was even more heartbreaking. The calves, many of them still with their umbilical cords on them, having been born only a day or a few hours before, were led with the same amount of shouting and hitting to their stalls where they would be kept until sold. Many of them didn't have the opportunity to even taste their mother's milk or be lovingly licked by her before they were violently separated from her. This is the cruel reality of, not only the meat industry, but also the dairy industry: in order to provide milk for humans, so many calves must be born and immediately separated from their mothers.



Fil getting a kiss from Radhika after feeding time.

The calves are then fattened and sent to slaughter and the mothers, after 3-5 years of providing milk, are killed as well. While living in the city I was able to remain ignorant of this fact but in the auction barn it was impossible to ignore reality and I was forced to realize what consumption of commercial dairy products really means. If I had any doubts about restraining from consuming commercial dairy products before my visit to the auction barn, after seeing what I saw there, all doubts were removed and I now can no longer touch non-cow-protected milk.

When Balbahdra prabhu arrived with my husband and Balaji, we at once went together to get a closer look at the calves for sale. All of them were so adorable and it was hard to pick just a few. knowing where they were all heading; we wanted to save all of them. While we were writing down numbers of possible calves to be rescued we started developing attachments to particular individuals.



Meenakshi is the oldest calf in the group.

When the time finally arrived for the calves to be shown for sale, we took our seats at the auction room and waited, armed with the numbers of the calves we identified as the ones we most wanted. One by one, the calves were lead into the room, their numbers displayed on the digital screen along with their weight and the opening bidding price. The calves were beaten into the room by sticks and they ran in fright here and there, trying to escape. Some of them, out of fear, ran straight into the bar fence, others just ran up and down the auction stage. It was a

horrible sight to bear and many times I just wanted to shout out to the auction people to stop this violence; I had to restrain myself because I knew that there really was nothing I could do about it.



Balaji and Abhay love each other.

One by one the calves were let into the auction "ring" and each time one of the calves we wanted to rescue was shown for sale we wouldn't stop bidding until we were the ones to purchase them. By the end of the day, we led eight calves into our trailer instead of three. We would have saved all of them if it was in any way possible. After arriving home we were all excited to show the eight new calves their new home. One by one they were led into the barn. Some of them were so excited at the sight of the large unfamiliar space that was introduced to them that they started running and jumping in joy; others rested on the hay-covered ground, while yet others walked around slowly exploring their new surroundings. Shortly after their arrival we bottle-fed them. All of them were extremely hungry and therefore grateful to have a meal.

Even though some of them had trouble adjusting during the first few days on the farm, they are now all healthy and happy calves. We intend to take good care of them for their entire lives.

It is a real joy having them join us here on the farm, and we are anticipating seeing how they will grow up and what handsome oxen and beautiful cows they will be.

Written by Sukhayanti devi dasi.



All eight calves eating from the grain trough after sucking their milk bottles.

## Old Friends Pass Away



Ganda was the oldest ox in the herd when he passed away and he was truly respected by all.

### Ganda

#### 3/15/14

Our oldest ox named Ganda is down after 19 years of wonderful association and friendship here at ISCOWP Farm. For several years his back legs have been riddled with arthritis which has made it hard for him to rise from a sitting position. Last summer on pasture he did really well and made it through this last winter with not much difficulty. Two weeks ago he went down and could not get up. We were able to get him up with a "come-along" and a tool called "Hip Huggers." He did alright until 3 days ago when he could not get up again. This time he was very weak and we were not able to get him up. He has been taking

food and water up until this afternoon when he was too weak to even sit up. He has had Govardan dust sprinkled on his head. He is wearing a Pravitra garland from Lord Narashimhadeva in Mayapur. Today he had Radha Kund water. He has been listening to Srila Prabhupada chanting japa and bhajans 24/7. My feeling is that he will depart tomorrow which is Gaura Purnima here in West Virginia, USA, which is a very auspicious time for departure from this material world. I was lying down with him for over an hour this afternoon and I would be very surprised if he would make it through tomorrow due to his weakened condition. Ganda was born 19 years ago on New Vrindavan dhama. We have had him at ISCOWP

Farm since his birth. He is a gentleman and has been such sweet association. Although he was not the "Head OX" in the herd, he was well respected by all his herd mates as being a gentle soul and they all treated him as a sadhu. He is a great soul and has spent his life helping to spread the importance of cow protection in this horrible age known as Kali-yuga. All glories to Ganda the ox, a dear friend and humble soul.

### 3/16/14

We looked to the barn and saw Madhava looking over the fence towards our house. He had been standing guard over Ganda for days. He would also occasionally lick him. We had a sense that Ganda may no longer be alive. Balabhadra went to the barn and found Ganda had passed away on the auspicious day of Gaura Purnima. Like all great sadhus, he left a lasting impression of enlightened goodness to



Gourangi passed away May 9, 2014.

those who met him and especially those who knew him well. It may be difficult to understand how a soul in a bovine body could affect us so deeply and because of who he was we are now empty hearted.

#### Written by Balabhadra and Chayadevi

### Gourangi

After artik and treats were offered to the cows this spring, Gourangi and the rest of the cows were let out on pasture after a long winter in the barn. Gourangi was having trouble with arthritis in her legs. She kept up with the herd as they went out on pasture although she was moving very slowly.

A few days after, we found her sitting in the lower pasture unable to get up. We knew we had to move her as there were coyotes in the woods. She was moved to the shelter for old cows that was built last year. Indraneela and Anasuya (the two calves rescued at the auction barn last fall) were staying in the shelter's small pasture and were happy to have her company. They often snuggled with her. Since Indraneela and Anasuya were taken from their mothers at an early age, we think Gourangi was a mother figure for them.

Gourangi was 19 years old which would make her 95 years old in human years. She was unable to get up and became weaker. She listened to Srila Prabhupada chanting the Hare Krsna mantra and singing bhajans and received dust from Govardhan Hill in Vrindavan, India.

Gourangi passed away Friday, May 9. Balabhadra checked in on her Thursday night and when he checked her Friday morning she had passed away. The whole time Indraneela and Anasuya, the two calves saved from the slaughterhouse, were with her.

We were able to bury her the same day in an area that was a little past the old cow shelter where she passed.

We are saddened that Gourangi has left, but we remind ourselves that she had a good, happy, long life roaming the pastures at the ISCOWP farm. She was also fortunate to have the company of Indraneela and Anasuya in her last days. The sound of Srila Prabhupada chanting the Hare Krsna Mantra and bhajans was always with her in her last days which is very auspicious for her soul's spiritual journey to greener pastures. She will be affectionately remembered for the rascal glint in her eyes. In her youth she was a breakout artist for we could never figure out how she would get on the other side of the fence. She lead some of the other cows in some of these breakouts and the glint in her eyes told us how proud she was of her empowerment. When springtime came and she and the other cows were let out on pasture, she was one to kick her heels and run in joy. In her later years, she slowed down due to the aging process and the arthritis in her legs. As she became more mature she was very motherly and caring for the younger female cows in the herd.

### Ganga

On September 1st of this year, Ganga left us, after a week of being down. On the afternoon of August 25th, while we were



Priya watching Balabhadra feed Ganga. Throughout her life, Ganga was a great lover of treats.

on our way to feed the newly rescued calves in their barn, we found Ganga caught in an awkward position. Sitting down, her head and front legs were sticking through the pasturing ground's fence. This is not the first time Ganga got herself in such a situation, but this time, unfortunately, she wasn't going to get out of it easily. We cut the fence wire and tried to help her to get back on her feet, but because she was sitting just above a steep decline, she found it difficult to get up without losing her balance. We decided to leave her in that location while we went to feed the calves. When we returned, we found that she had fallen down and was lying on the slope in a position that could cause her death. After fetching the "hip hugger," we managed to bring her up to a flat surface and helped her to sit back up. She seemed happy in that position and with the fresh hay, grain and water we brought her.

The following morning, when we saw her still sitting in the same position, we realized that it would not be long before she leaves us. Due to her age, Ganga was just physically too weak to recuperate from the ordeal she had gone through the day before, and therefore couldn't get back up on her feet again. In the following days, we came to visit her a few times per day to make sure she was comfortable, that she had enough food and water and that she was doing as well as could be expected.

Since she couldn't move, and we couldn't put her inside a barn, we made sure to construct a roof above her head and bring over a CD player so she could constantly hear Srila Prabhupada chanting. After 6 days of her sitting in the same location, we found her lying on her side, unable to get up. At that point, we knew that she was close to the end. We



Ganga relaxing on pasture in 2008.

tried to help her feel as comfortable as possible, and the next morning we found that she had left her body while listening to Srila Prabhupada chanting. We placed some Vrndavan dust on her head, flowers that were offered to the Lord on her body and Narasimha kavacha's from Mayapur on her horns. We will miss her greatly. Up until the end she was a very friendly, loving and gentle cow, a cow anyone could approach without fear because she was just so welcoming.

Ganga was 95 years old in human years. A great departure for a great soul. Please pray for her on her journey to greener pastures.

Written by Sukhayanti devi dasi

## Outreach



Chayadevi, Dr. Jea Sophia Oh, Union Theological Seminary student Krishna-Kishore (Chris Fici) and Balabhadra holding the ISCOWP banner at the Climate March in NYC.

e were invited to attend the Religions for the Earth conference in NYC. Krishna-Kishore (Chris Fici) was our ambassador and was an excellent guide during the conference and instrumental in helping us attend the various speaking engagements we had in the area. This conference concluded with participation in the Climate March attended by 400,000 people. We held our ISCOWP banner at the March which depicted the cows roaming freely at the ISCOWP farm and read "International Society for Cow Protection" at the bottom.

Dr. Jea Sophia Oh is pictured above holding the ISCOWP banner. Dr.Oh's book, "A Postcolonial Theology of Life: Planetarity East and West," is the first approach to bridge postcolonialism and ecological theology with the use of Asian spirituality as the philosophical underpinning for the argument that all forms of life are sacred and divine. She is working on a book project currently entitled "You Are What You Eat: An Ethics of Food Hybridity."

The conference was attended by some very potent religious leaders who we had the privilege of associating with. Balabhadra gave the latest ISCOWP Newsletter (The Earth Needs the Bull and Cow) to many conference attendees including Vandana Shiva and Al Gore and was able to speak about the importance of cow protection.

We had two speaking engagements in NYC. One was at the first Hare Krsna center in NYC where HDG A.C. Bhaktivedanta Swami, founder of the International Society for Krsna Consciousness, established the first Krsna temple in the USA. The second engagement was at the Bhakti Center, a Hare Krsna Yoga



Presentation at the Delisio's in Queens, NY.

center. At both centers in we showed a Power Point/slideshow/video presentation entitled *Cows, Bulls and Humankind, the Relationship.* It covered the contributions of the bull and cow to humankind verifying why we as stewards of the Earth should protect them. A short visual description of the lives of the calves we rescued while they were in the commercial dairy industry showed the exploitive mentality of the dairy and meat industry. The slideshow is narrated by Balabhadra das, president of ISCOWP. If you would like a presentation showed at your home or center please contact us.

We also made the same presentation at Michael (Murli das) and Joan Delisio's home in Queens, Long Island, NY. This was a very sweet event with some delicious prasadam (food offered to Lord Krsna) served afterwards. Attendees from various backgrounds came making an interesting question and answer period.



Religions for the Earth members waiting to join the Climate March. We are in the right corner.



Audience at the Bhakti Center, NYC watching ISCOWP's Power Point/video/slideshow.

We had various invitations and opportunities to distribute literature and present cow protection but were not able to take advantage of all of them. This year was particularly challenging as Balabhadra had various health challenges. Due to his atrial fibrillation medicine, his thyroid became negatively affected. It took awhile to find the right medicine for his thyroid and get off the medicine for his atrial fibrillation. He was not feeling so well during that time. He then had a hernia operation which limited him for about 4 months. Then he had a pacemaker put in and then an AV node ablation procedure. Throughout he has had atrial fibrillation which exhausts him. The latest procedure should prevent the atrial fibrillation from affecting him and his thyroid has made some improvement with the strong possibility it will heal back to normal and he can stop taking the thyroid medicine. As of the writing of this newsletter, Balabhadra is doing well recuperating from the AV node

ablation procedure and is eager to spread cow protection.

We printed 1,000 of the The Earth Needs the Bull and Cow booklet and there are only a few left. We printed 1,777 for the first printing and 1000 for the second printing of the first booklet printed this year entitled Krsna-Dairians. On Facebook we posted a link to the The Earth Needs the Bull and Cow in PDF file on our website and the reach was 5, 866. The Krsna-Dairians booklet reached 892 people on Facebook. So far 3000 hard copy booklets were distributed this year. Both booklets are online on our website in PDF file at: www.iscowp.org/newsletter-index-pdf.html. In all, 8, 866 people have received either of the booklets/newsletters this year.

The PDF of each continues to be on the ISCOWP website but we have no way of knowing how many people are reading it there and we continue to distribute the booklets on a one to one basis. This current *Year in Review* booklet/newsletter is not counted. However, we printed 1000 and



At the Festival of Inspiration held at New Vrindavan, local Moundsville residents read the ISCOWP News about cow protection.

mailed out about 600-700 newsletters to be received before the end of the year. It too can be viewed online at the ISCOWP website in PDF file. The combination of the hard copy and online publications can spread cow protection to many people.

Besides publishing booklets about cow protection, we have been creating videos as a means of introducing people to cow protection and its importance to the Earth and humanity. Our most popular videos are of rescued cows coming home to ISCOWP and ox training. These videos appear on our YouTube channel and on our Facebook page. One of ISCOWP's latest videos about the rescued calves received 6, 262 views. Please subscribe to our channel <u>https://www.youtube.com/user/</u> <u>ISCOWP108</u> and share some of the videos so others can learn about cow protection.



We thank the Raj Grover family and Toronto temple for hosting us at their Rathayatra festival.



Sukhayanti with Meenakshi and Fil with Padmaganda doing a morning walk about.

### Projects Completed and in Progress

### Fencing

Each year we repair fencing as well as completely rebuild old fencing that is too old to repair. This summer we rebuilt the boundary fence on the southeast side of the farm. This was accomplished by cutting back all of the encroaching bushes from the neighbor's property and replacing old posts that were no longer in sturdy condition. As we progressed down the fence line the piles of brush were burnt and the old wire collected and placed in the back of the truck to eventually be taken for recycling. The next and final step was stringing four strands of new fence wire. Only 20 fence posts out of 60 needed replaced on this fence.

The next fence to be worked on was the lower northeast pasture fence. It was the worst fence on the farm. We needed to cut away all the bushes encroaching on the fence. Ninety percent of the 100 posts needed to be replaced. Because of the location of this fence all of the post holes needed to be dug by hand and the new posts all tamped into place by hand as well. All the brush was burnt and four strands of new wire were strung.

Since we had a crew of young men working (John, Rusty, Deva, Kesi, Tamal and Bhakta Fil) we repaired other smaller fence lines and installed a new gate on the greeting cabin pasture.

### Barn Repair

The old barn was in need of new siding on the north wall so we purchased rough cut poplar  $1 \times 6$  boards and tore off all the old siding and replaced it with the new poplar boards. The rest of this barn and the new barn were then repainted with red barn paint. Due to the "green" (wet) nature of the new poplar it will be painted next summer after it has a chance to dry out. The greeting cabin, hay barn and the old cow shelter were also repainted.

### Calf Care and Training

All the calves, even the girls, will be trained to basic commands. Under my supervision Fil and Sukhayanti have been caring for the calves for their daily needs.



John and Rusty stringing new fence wire on new locust posts on SE boundary line.

The calves all went through a period of scours where their manure was very runny and their diets needed to be altered and some medicine given to help stop the scours. A period of coughing by all the calves followed and there was a need for antibiotic injections which was administered by Fil. Another period of respiratory inflammation happened where the calves again needed antibiotics and antiinflammatory injections given. During all these events the calves were given an oral application of Probios so their stomachs would not go sour.

Daily grain is given by Sukhayanti twice a day and she is learning how to increase or decrease grain ration by how the calves are eating. Twice daily, when the calves are given their grain their bedding is replenished and their manure is checked for consistency which reveals their stomach health. Second cutting hay is given twice daily and the calves are eating more and more and are gaining weight nicely. The smallest calf, Padmaganda, only weighed 40 pounds when we got him 3 months ago. He now weighs 120 pounds and has a



Newly cleared and seeded pasture land at ICOWP Farm with new fence line on right side...2014.

wonderful appetite. All the calves are healthy now.

Fil and Sukhayanti have been learning these basic skills about caring for calves. The calves are all wearing halters and Lila, Padmaganda and Mennakshi have all had introductory lessons to "Get up" and "Whoa." Padmaganda and Mennakshi have short walks daily and soon all the calves will be going for short walks and learning the basic voice commands. They are all 3 months old now and mentally capable of starting training and understanding voice commands.

### **Clearing Pasture**

This summer we did additional clearing of overgrown land to make more land available to the cows for pasture and grazing. This summer we cleared and seeded about another 5 acres. It is so nice to see the land again becoming useful for the benefit of the cows. On this side of the farm we still have about 30 acres which can be selectively cleared and turned into useful pasture and grazing land.

### Firewood

In midwinter American Electric Power (AEP), the local electric company, started clearing a new right of way for the electric wire to come back the lane and service the residents living on our lane. Many trees were cut down for this new right of way.

This last winter was said to have been the worst winter in recorded history so we had to wait till early March to start hauling wood to the farm to be cut into lengths and split to fit the wood burning stoves. We were able to drag up wood that was close to the lane and the remaining wood will be dealt with later this year after the brush has died back. So far I would say that we have been able to haul, split and store under shelter about 20 cords of nice hardwood for future heating purposes on the farm. A cord of stacked firewood measures 4ft x 4ft x by 8ft. About 20 more cords of wood is remaining in the forest. Some of the trees that are worth sending to the mill to make boards have been set aside and not cut up for firewood.

We don't like cutting live trees down as there is plenty of dead trees already available on the farm. But, these trees were cut so we had the choice of just letting them rot away or utilize them for firewood and boards. So now we have many years of fire wood stored under shelter for many years to come. Truly a God send.

### Garden

The garden did very well this year despite the cool weather and almost too much rain. The harvesting started about a month later than hotter summers, but once started the garden was full speed ahead. The broccoli and cauliflower plants were all eaten by rabbits so we had to put a separate fence around most of the garden to stop them. The Brussel sprouts were especially bountiful with a harvest of 7-five gallon buckets coming in for freezing and distributing to friends. Many quart bags of pineapple tomatillos, Swiss chard and kale were frozen along with green sweet peppers and corn. Many days of drying tomatoes and canning tomato chutney and sauces were shared with Bhakta Fil and Sukhayanti for their future knowledge when they start gardening in Toronto, Ontario, Canada.

Written by Balabhadra das



